



Spoon & Spade Corporate Lunch Menu

- Gluten free, vegetarian & vegan options available -
Delivery \$20 // 48 hours notice

Snack Cups (feeds 1, minimum 6 order)	17.95
Mini Graze Box (feed 1-2)	36.95
Regular Graze Box (feed 3-4)	106.95
Lunch Package 8-12 people	300
Fruit or Crudites Platter	
Graze Board - Small	
Sandwich Platter Option (12 pieces, tea style, pick one)	
Fresh veggies with a vegan spread	
Fig, Brie, Prosciutto, Arugula on Homemade Baguette	
Smoked Salmon Bagel with Pickled Onion	
Egg Salad with Locally Grown Herbs	
Cucumber Dill on Classic White Bread	

Lunch Package 12-18 people	500
Fruit or Crudites Platter	
Graze Board - Large & extra crackers	
Sandwich Platter Option (12 pieces, tea style, pick one)	
Fresh veggies with a vegan spread	
Fig, Brie, Prosciutto, Arugula on Homemade Baguette	
Smoked Salmon Bagel with Pickled Onion	
Egg Salad with Locally Grown Herbs	
Cucumber Dill on Classic White Bread	
Sandwich Platter or Salad Option (pick one)	
Moroccan inspired Carrot Quinoa Salad (Vegan, GF)	
Kale, Pear & Candied Nut Salad with Apple Cider Dressing (Vegan, GF)	
Pesto & Veggie Pasta Salad (add avocado \$5)	
Local Green Salad with Seasonal Veggies, Lemon Dressing (Vegan, GF)	

Sweets Platter (med/large)	146.95/176.95
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Sandwiches, Salads & Canapes ordered in addition to above grazes.

Tea Style Sandwich Platter	50/per plate/box
Salads	52/per bowl
Cold Canapes	50/per plate/box

spoonandspade.ca